

First Things

February 2025

Living the unconditional Grace & Love of Jesus Christ



FIRST LUTHERAN CHURCH

100 Peace Ridge
Lake City, MN 55041
651-345-5003
info@firstlc.org
www.firstlc.org



First Lutheran Church Lake City, MN

Office Hours:

Monday-Friday 8am-4pm

Regular Worship Schedule

Sunday at 9am

Wednesday at 6:30pm

Watch online at firstlc.org or LIVE on YouTube on Sundays.

STAFF

Paul Miller, Pastor

paul.miller@firstlc.org

Kary Jonas, Associate Pastor

kary.jonas@firstlc.org

Melissa Ackermann, Coord. of Youth Ministry

melissa.ackermann@firstlc.org

Heidi Berge, Coord. of Children's Ministry

heidi.berge@firstlc.org

Kerstin Suby, Music Administrator and Organist

kerstin.suby@firstlc.org

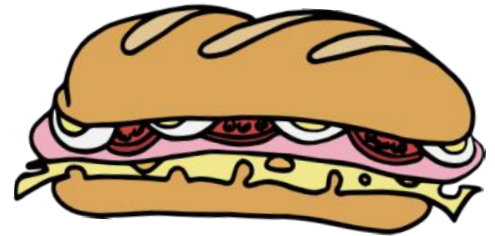
Karyn Moechnig, Admin. Assistant

Karyn.moechnig@firstlc.org

Loren Prigge, Custodian

SUB SANDWICH FUNDRAISER

This Sunday, **February 2nd**, is the **deadline** to turn in your sub orders! Freshly made subs will be ready for pickup after church on Sunday, February 9th. **Sub options and order forms can be found on page 5** of this newsletter and in your worship bulletin; turn in orders to Melissa Ackermann or at the Welcome Center. Attach payment to order form or pay upon pickup on Super Bowl Sunday.



MARK YOUR CALENDARS

for First Lutheran Church's Annual Meeting on Sunday, February 9 immediately after 9:00am worship service.



It was so fun to see and hear some of our youngest members on Sunday, January 12 during worship. We not only celebrated the Baptism of Our Lord, but also those who were baptized at First Lutheran from 2022 to 2024!



Praying for most of us is not a natural skill. It takes practice and perseverance to take on the spiritual discipline of prayer. However, a rich prayer life can form our faith. I honestly believe it can change our lives.

So, if you have turned the page into a new year and hope to enrich your prayer life, I suggest starting with an ancient form of prayer called the Daily Examen. It originates from St. Ignatius, and I prefer using it at the close of the day.

Here is an outline of this prayer form:

1. *Become aware of God's presence.*

Take several moments to breathe, relax, and invite God to be present with you. Sometimes settling our body and mind is difficult, especially when we have a lot going on. One trick is to focus on our breathing. When we breathe slow and deep, we let our body and souls know that it is okay to relax and rest in God's presence. Slowly take three seconds to breathe in through your nose, making sure to fill your belly with air . . . and then take three seconds to slowly breathe out through your mouth. Pause, then breathe in again. Repeat that a few times.

As you continue to breathe deep and slow, acknowledge God's presence with each breath.
(Pause for a few moments)

2. *Review the day with gratitude.*

Look back through your day as if you were watching scenes from a movie. What happened? What were you like? What were others doing around you?
What are the good things that have happened today? What can you give thanks for?
(Pause for a few moments)

3. *Pay attention to your emotions.*

Ask yourself about how you felt at different points during the day.
What moments throughout your day have been difficult or tense?
When did you feel happy, excited, or at peace?
(Pause for a few moments)

4. *Forgive, and ask for forgiveness.*

Who are you angry or frustrated at?
Are there things you can forgive and let go in order to have peace?
What would you like to be forgiven for?
(Pause for a few moments)

5. *Look toward tomorrow.*

How might tomorrow be different?
What would you like to ask God to help with?
(Pause for a few moments)

Take some time to silently wrap up your conversation with God, and in a minute, open our eyes.

In Christ's love, Pastor Kary

Soup Suppers 2025

The Lenten Soup Suppers will start on Wednesday, March 12th at 5:30pm and will continue for a total of 5 meals, with the last one being on Wednesday, April 9th. The Lenten services follow supper at 6:15pm.

Last year we had 5 amazing groups of volunteers who prepared and served soup. There will be a sign up sheet at the Welcome Center, and I'm hoping that these group will be willing to help again this year.

If you have any questions call or text Mary Johnson at 651-212-8966.

Thank you for considering helping again.

~Mary Johnson

Book Group

The Book Group is reading "The Secret Life of Sunflowers" by Marta Molnar this month. All are welcome to join in the discussion in the Fireside Room on Tuesday, February 18 at 6:30 pm.

Coming up in March: "Waking Up White: And Finding Myself in the Story of Race by Debby Irving

Adult Forum – Sunday, February 16

Aging Gracefully with Patty Svien & Sandy Bendickson...watch for more specifics in the coming weeks.

Baptism of Our Lord Worship service on January 12.



1/15/2025
02:29 pm

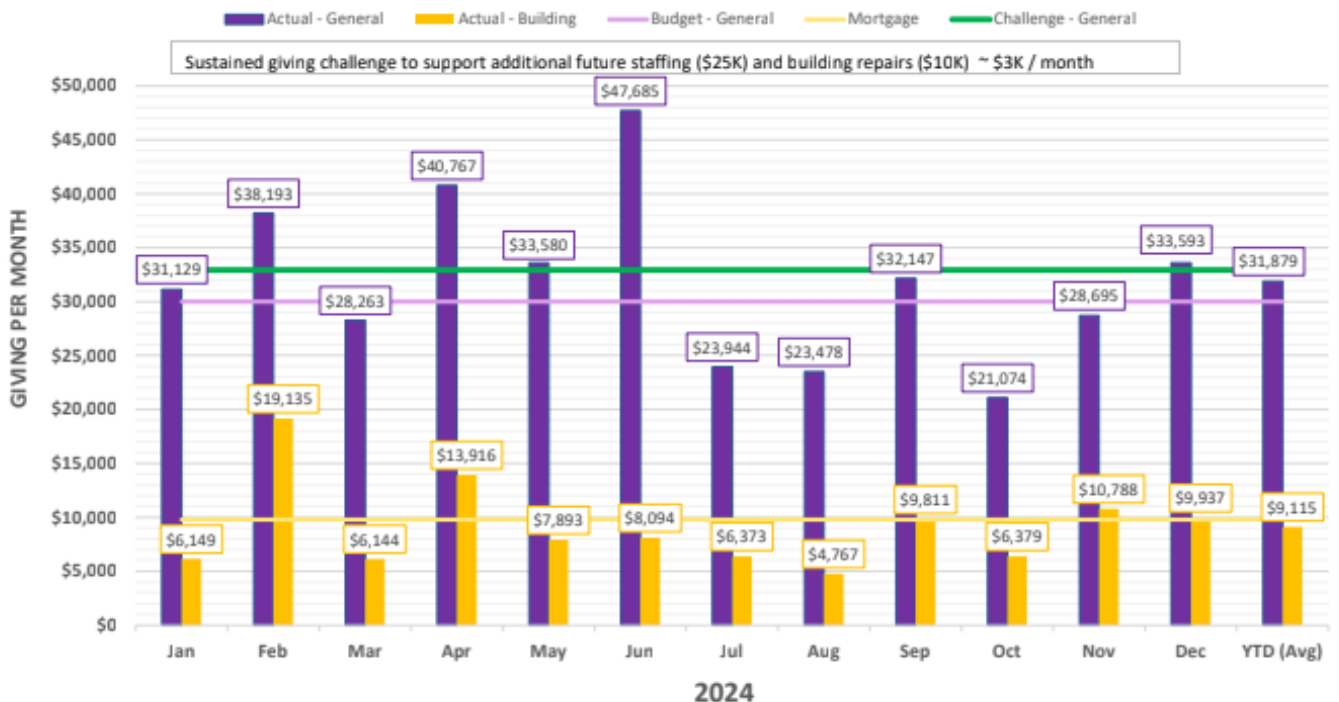
First Lutheran Church
Balance Sheet
Finance year 2024 as of 12/31/2024

Summary across all Books

	Balance as of 1/1/2024	Balance as of 12/31/2024	Change	Percent change
Assets:	4,307,276.15	4,274,748.11	-32,528.04	-0.8%
Total assets:	4,307,276.15	4,274,748.11	-32,528.04	-0.8%
Liabilities:	726,347.08	633,688.88	-92,658.20	-12.8%
Dedicated:	178,956.48	187,158.60	8,202.12	4.6%
Equity:	0.00	0.00	0.00	- %
Book equity:	3,401,972.59	3,453,900.63	51,928.04	1.5%
Total liabilities, dedicated and equity:	4,307,276.15	4,274,748.11	-32,528.04	-0.8%

THANK YOU for your continued support of First Lutheran Church’s General Fund and Building Fund. The table above shows the income and expenses for the month of December and the year of 2024. The graph below charts the General Fund and Building Fund receipts on a monthly basis for the year of 2024.

2024 Giving - First Lutheran Church



Children's Ministry Happenings

Sunday, Feb 2nd

KFC and Sunday School singing during service

KFC Important Dates

No class Feb. 5th - Early Release

Sunday School Important Dates

No class Feb. 16 - Presidents Day

Puffin Pastry Fundraiser for the FLC Scholarship Program. Selling dates: February 12-26 Delivery: March 11 \$16 each Cinnamon, Strawberry Cream, Blueberry Cream, Apple, Cherry, Caramel, Chocolate Chip Cream Butter Heart, Raspberry Cream Butter Heart, Breakfast Pizza

Youth Ministry Happenings

Mark your calendars for events coming this month:

Sunday, February 9th - Super Bowl Sub Pickup!! Pick up your hand made subs on Super Bowl Sunday. Last day to turn in orders is this Sunday, Feb. 2nd at the Welcome Desk. Order forms are available in your worship bulletin or on the next page of this newsletter.

Senior High
Youth!

You're Invited:

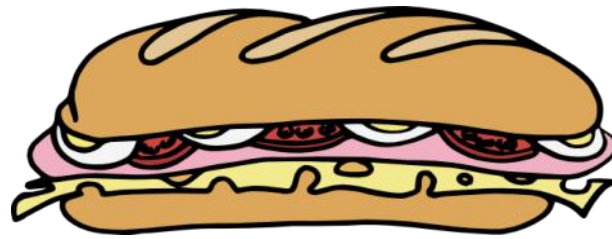
Contact Melissa for More Info



10-12 Grade
Wed, Feb. 26
8-9pm

Snacks provided

Bring your own drink



Superbowl Sub Sandwich Sale

Are you having a Super Bowl Party, or relaxing at home and don't want to bother with cooking, or maybe you would like a tasty lunch ready for you when you leave church? Purchase Super Bowl Subs to support the First Lutheran Youth Fund and summer trip to Rainbow Trail Lutheran Camp! Made with delicious Huettl's meats and fresh rolls from Hanisch Bakery, subs will be assembled by youth and parents and ready for pickup after church on Sunday, February 9th. Sub options and order form on reverse; turn in orders to **Melissa Ackermann** or at the Welcome Center.

NAME: _____

CONTACT PHONE: _____

***PICK UP DATE: SUNDAY, FEBRUARY 9th BETWEEN 10- 11 AM**

	COST	NUMBER OF SUBS ORDERED	# WITH LETTUCE (on the side)	# WITH TOMATO (on the side)	# WITH ONION (on the side)
<i>SAMPLE ORDER</i>		<i>3</i>	<i>2</i>	<i>1</i>	<i>0</i>
HAM w/ AMERICAN CHEESE	\$12 each				
TURKEY w/ AMERICAN CHEESE	\$12 each				
ITALIAN: HAM, SALAMI, AMERICAN CHEESE	\$12 each				
GARLIC BREAD w/ MOZARELLA CHEESE (take and bake)	\$9 each				

PLEASE CHECK ONE: PAYMENT INCLUDED

PAYMENT AT PICK UP

Birthdays and Anniversaries

Feb. 1: Riley Dittfach, Riley Fitz, Elizabeth Kittelson, Elizabeth Meyer

Feb. 2: Grace Ackermann, Lee Eggenberger, Conrad Meyer, Madi Mueller

Feb. 3: Donna Kari, Carter Kranz, David Oeltjen

Feb. 4: Josie Campbell, David Dittfach, Duane Howard, Evelyn Rogness

Feb. 5: Becky Schutlze

Feb. 6: Benjamin Ackermann, Melanie Johnson

Feb. 7: Greg Gilman

Feb. 8: Jon Featherstone, Jeff Rogness, Emily Ziebell

Feb. 9: Kris Baird, Meredith Logsdon, Marie Mangold

Feb. 10: Roger Brooks, Connor Burgeson, Heidi Burgeson, Jacob Griebenow, Garry Harteneck, Cari Kohrs, Rowan Larson, Nola Nilsson

Feb. 11: Jordan Bremer, Zachary Johnson

Feb. 12: Brody Kennedy

Feb. 13: Isabelle Langhans

Jason & Emily Banks, Gary & Katherine Yotter

Feb. 14: Boyd Olson, Linda Pavlak, William Thompson

Jeffrey & Laureen Swiggum

Feb. 15: Robin Bignell, Ashley Olson

Feb. 16: Mark Bailey, Avery Ohlhaber, Betty Stori

Feb. 17: Larry Holmgren, Tiffanie Hoops, Barb Roe

Devin & Jessica Bruske, Kevin & Kathleen Gunhus

Feb. 18: Joseph Boehlke, Ryan Hanson

Feb. 19: Julie Dammann, Reeva Lodermeier, Lonny Moechnig, Jeremy Reese

Feb. 20:

Feb. 21: Kim Adler, Lily Dittfach, Loa Olson, Keston Reese, Isaiah Weinrich

Feb. 22: Brooks Holst, Nathan Klipfel, Lisa Koehler, Marie Severson, Bailey Skifton, Grace Weinrich, Tom West

Mike & Melissa Ackermann

Feb. 23: Mary Nelson, Brody Otterson

Feb. 24:

Feb. 25: Duane Holst, Darin Lundell, Randy Vander Laan

Feb. 26: Lori Mortenson, Bob Nafe

Robert & Nola Nilsson

Feb. 27: Emilia Foss, Nancy Gabbert, Susan Jensen, Jeffrey Mund, Jack Rol

Bradley & Nancy Rigelman

Feb. 28: Katie Bee, Kashlyn Kiecker, Jordan Miller

Keep in prayer: LeAnn Fuchs (niece of Arlene Johnson), Carl Kozlowski; Jennifer Hart (sister of Julie LeCaptain); Wayne & Monica Schmidt (cousin of Dale Nibbe); Susan Dailey, Loren Walters (brother of Diane Keyport), Cheryl Goudy (Sue Benson's sister), Barb Follstad (Kris Pichelman's mother), Kathy Walstrom (daughter of Eloise Blattner)

Would you like your name or a loved one added to FLC's prayer list? Please contact the FLC Prayer Connection at firstlutheranprayerconnection@gmail.com or the FLC office.

Ministry Assignments

Date Duty	February 2	February 9	February 16	February 23
LECTOR	Christopher Ahrens	Duane Holst	Ava Carlson-Penn	Ava Emerson
GREETERS	Schmidt Family	Koehler Family	Fick Family	Nolan Kohrs Family
COMMUNION ASSISTANTS	Duane Holst Marcia Holst	Ava Emerson Rylee Thieren	Rick Sward Edie Sward	Ava Carlson-Penn Lisa Carlson needed
USHERS	Scouts	Audrina Meyer Carson Mickelson	Rylee Thieren needed	Meg Fitterer Laura Fitterer
ALTAR GUILD	Sandy Bendickson Karen Heise	Kathy Hollman Liz Enger		Marcia Holst Esther Gullixson
Acolyte	Scouts	Chase Moechnig	Will Stolzenberg	Molly Nelson
COFFEE FELLOWSHIP	Scouts	Tom & Karen Heise	needed	needed

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 Worship/Scout Sunday 9am SS sings Sunday School 10am Annual Report Presentation 10am</p>	<p>3 Cub Scouts 6:30-7:30pm Boy Scouts 7-8:30pm</p>	<p>4 Scout Committee Mtg 6pm</p>	<p>5 FLC Bible Study 8:30am Staff 1pm NO KFC Worship Team 4pm Bells 5:15pm Confirmation 6-8pm Worship 6:30pm Senior Choir 7pm</p>	<p>6</p>	<p>7</p>	<p>8</p>
<p>9 Worship 9am Sunday School 10am Annual Meeting 10am Super Bowl Sub Fundraiser</p>	<p>10 Cub Scouts 6:30-7:30pm Boy Scouts 7-8:30pm</p>	<p>11 FLC Quilters 8:30am Hispanic Inclusion 6pm</p>	<p>12 FLC Bible Study 8:30am Staff 1pm KFC 3-5pm Bells 5:15pm Confirmation 6-8pm Worship 6:30pm Senior Choir 7pm</p>	<p>13 Fellowship Potluck 5:30pm</p>	<p>14</p>	<p>15</p>
<p>16 Worship 9am No SS Adult Forum 10am</p>	<p>17 Cub Scouts 6:30-7:30pm Boy Scouts 7-8:30pm</p>	<p>18 Book Group 6:30pm</p>	<p>19 FLC Bible Study 8:30am Care Center Service 10am Staff 1pm KFC 3-5pm Bells 5:15pm Confirmation 6-8pm Worship 6:30pm Senior Choir 7pm</p>	<p>20 Visitation Team Mtg 4pm Church Council 6:30pm</p>	<p>21</p>	<p>22</p>
<p>23 Worship/Dedication of new hymnals 9am Sunday School 10am</p>	<p>24 Cub Scouts 6:30-7:30pm Boy Scouts 7-8:30pm</p>	<p>25 FLC Quilters 8:30am</p>	<p>26 FLC Bible Study 8:30am Staff 1pm KFC 3-5pm Bells 5:15pm Confirmation 6-8pm Worship 6:30pm Senior Choir 7pm High School Youth Group 8pm</p>	<p>27</p>	<p>28</p>	